

Pan Thames / BAAPS and The Royal Free Hospital

Aesthetic Training Day

Lecture Theatre 1 – Royal Free Hospital, London

Tuesday 24th January 2017

Body contouring

- 08.30 Registration and welcome refreshments
- 09.00 Introduction
Simon Withey – *President of The BAAPS*
- 09.15 Medical and metabolic aspects to obesity and weight loss
Dr Andrea Pucci
- 09.30 Psychological assessment prior to commencing the bariatric journey
Dr Jackie Doyle
- 09.45 Bariatric procedures: which one?
Marco Adamo
- 10.00 The importance of managing nutrition and diet pre and post
bariatric procedures
Ms Amy Kirk
- 10.15 Panel questions
- 10.30 Refreshments**
- 10.50 Psychological assessment and support in the massive weight loss
body contouring pathway
Esther Hanson
- 11.05 Abdominal excess – abdominoplasty, apronectomy and lower body
lift including demonstration of marking up
David Floyd and Iby Younis
- 12.00 Lunch**

- 12.45 Staging vs. combining body contouring procedures
Ash Mosahebi
- 13.00 Contouring of arms and thighs including demonstration of marking up
David Floyd and Ash Mosahebi
- 14.00 Breasts- mastopexy and augmentation including demonstration of
marking up
Steve Hamilton and Ash Mosahebi
- 15.00 Questions and feedback
- 15.30 Close of meeting**

FACULTY

Marco Adamo – *Consultant Bariatric Surgeon, UCH, London*

Dr Jackie Doyle – *Clinical Psychologist for UCLH Centre for Weight Management and Metabolic Surgery*

David Floyd – *Consultant Plastic Surgeon, RFH*

Steve Hamilton – *Consultant Plastic Surgeon, RFH*

Dr Esther Hanson – *Psychologist, Royal Free London NHS Trust*

Ms Amy Kirk – *Senior Bariatric Dietician, UCH*

Ash Mosahebi – *Consultant Plastic Surgeon and Clinic Lead, RFH*

Dr Andrea Pucci – *Physician in Obesity, Diabetes and Endocrinology, UCL*

Ibby Younis – *Consultant Plastic Surgeon, RFH*